

## Orchid Dental awarded “BDA Good Practice” for 5th year running!

We are proud to announce that we have once again achieved the BDA Good Practice standard for 2015. This makes it the 5th year in a row that we have been recognised as a practice committed to providing quality dental care.

“We are absolutely delighted to be awarded BDA Good Practice for the 5th year running. Reaching this standard involves the whole team and demonstrates we are committed to training and development and adhere to the latest evidence-based treatments and guidelines.”

**Dr Martin Attariani DDS**

### Oral Cancer Screening

As part of our ongoing commitment to our patients we are now routinely screening all patients for signs of oral cancer. The signs and symptoms of oral cancer are often missed by the naked eye, especially in its early stages, so for these reasons we use Identafi®, a revolutionary lightwave technology that can help us detect abnormalities that may lead to oral cancer. Early detection means early treatment, which in turn can lead to lives being saved.

**If you have concerns about any aspect of your oral health contact us immediately.**



**Take a look at our NEW Facebook page and ‘Like us’ to keep up-to-date with our latest special offers...**



### A radiant smile for a confident you!

One of the most popular cosmetic treatments we offer, and one of the most suitable for many of our patients, is tooth whitening.

Tooth whitening is a successful and simple method of lightening the colour of your teeth. We use a tray-based system that contains a whitening gel, worn daily for two hours until you are happy with the result. This usually takes between 10 to 14 days and is a gentle, predictable and controllable method.

**For a lighter, brighter smile ask us about tooth whitening...**



### Would you love to have straight front teeth? We have the answer... Quick Straight Teeth™

Quick Straight Teeth™ are an affordable, comfortable and effective way to straighten your teeth and help give you a perfect smile.

Quick Straight Teeth™ are invisible braces that work by concentrating on just the front teeth. These braces can correct mild to moderate problems quickly, making it more affordable than similar options and more agreeable to patients.

Quick Straight Teeth™ uses only clear braces (brackets) and tooth coloured wires making the braces virtually invisible in the mouth. Also Quick Straight Teeth™ braces need only to be worn for a very short time in comparison to traditional braces, ensuring fast, cost-effective results.

\*Terms and conditions apply



### Rejuvenate your face with safe non-surgical treatments

Orchid Spa offers a variety of non-surgical facial beauty treatments, including temporary dermal fillers which can last between 4 months to 2 years. These treatments are performed by Dr Martin Attariani and are used to rejuvenate the face without needing to undergo surgical treatment. These treatments are often used along with anti-wrinkle injections that enable the muscles to relax so preventing wrinkles forming.

#### The most common areas for treatment with dermal fillers are:

- Lips
- Nose to mouth grooves
- Mouth corners
- Wrinkles
- Cheek volume

Please note that temporary fillers sometimes give some mild and temporary side effects immediately after treatment, including redness, swelling and possibly a little bruising.

**Book a FREE\* 20 minute Cosmetic Consultation TODAY! Call 01280 703125**

## Beach body ready... Our guide to looking fabulous this summer!

Most girls adore the warm weather of summer, but worry about all that body exposure. This summer season you don't need to hide indoors as we have some of the latest treatment available to get your winter skin into summer shape, so you can really enjoy the summer weather.

### Remove Unwanted Hair

Your first step to get summer-ready should be to remove all that unwanted hair from your body. With the enviable reputation of being the Spa with the most modern technology in the local area, we offer treatment using Soprano ICE, the latest in laser hair removal.

Laser hair removal treatment works on all hair and skin types, is virtually pain-free and does not rely upon the use of numbing or cooling agents to deliver speedy and very consistent results.

Each treatment takes less than an hour to perform and after just a few treatments, you'll be left with hair-free, silky smooth skin. You'll be able to say goodbye to routine shaving or plucking with waxing a distant memory.

### Laser hair removal is perfect for:

- Legs
- Arms
- Bikini area
- Unwanted facial hair
- Unwanted body hair



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## Essential indulgence

Everyone deserves to be pampered now and again, and there are few more luxurious ways of escaping the pressures and strains of daily life than a deep relaxing massage in the hands of expert masseurs.

Sooth away those aches and pains and feel the tension in your tired muscles melt away as our highly trained team get to work to help you relax, unwind and feel refreshed.

Try our superb relaxation massage focusing on your back, neck and shoulders, to ease the most common problem areas when it comes to stress and muscle tension.

Or for the ultimate pampering experience why not give your body the works? Our full body massage is an indulgent, all-embracing treatment that works from the backs of your legs through to the top of your head, finishing with a lovely scalp massage.

What's not to love about treating yourself to a massage? Go on – you deserve it!

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## Pamper your nails

At Orchid Spa our friendly and experienced team offer a range of manicure and pedicure treatments to get your nails looking their very best and ready for anything.

If you're in a hurry try our express service for cuticle work, nail shaping and polish – ideal for people on the move whose nails are already in good condition.

For those looking for an indulgent and relaxing treatment our Divine manicure and pedicures are ideal for hands that may need some extra TLC or relief to the most tired of feet.

Whatever the occasion, or bit of extra care your nails may need, talk to us today and get the beautiful nails you deserve.

